

October 20, 2020

Dear Residents and Family Members,

Recently we have been given further direction by Governor Ducey as well as AZDHS (Arizona Department of Health Services) with regards to opening up more options for visitation at any skilled nursing facility in the state. Although this sounds like we have opened the doors for full visitation this is not the case. The state of Arizona has given us very specific guidance for going forward.

Currently Mohave County is in a "Minimal Community Spread" defined as: Sustained transmission with high likelihood or confirmed exposure within communal settings and potential for rapid increase in cases. There are three levels that we are working with and they are as follows:

- **Substantial >10% positivity rate per 100,000 in testing in the prior 14 days**
- **Moderate 5-10% positivity rate per 100,000 in testing in the prior 14 days**
- **Minimal 10-100 cases per 100,000 in testing in the prior 14 days**

Within each level there is guidance for the type of visitation possible and how we are able to facilitate the following visitations based on AZDHS guidance. The types of visitation we are currently allowed to provide are listed below:

- **Compassionate care visitation – Compassionate care visits are allowed regardless of the level of community spread and no testing will be required and visitation will be limited to a specific room.**
- **Outside visitation - No testing will be required.**
- **Inside visitation - Visitors will be limited to a specific area and visitation is not to exceed 15 minutes and testing is required.**

The following conditions need to be met for inside visitation:

- **The visitor presents the facility a negative COVID test (either PCR or antigen) less than 48 hours old.**
- **The visitor signs an attestation that they have isolated in the time between the sample was taken and the visit and is free from symptoms.**
- **The facility limits contact as much as possible, including a dedicated visitation space.**
- **The facility requires mask-wearing by residents (when safe), visitors, and staff.**
- **The facility requires hand sanitizing before the visit.**
- **The facility maintains a visitor log for contact tracing purposes.**

Our facility continues to follow all Executive Orders, Centers for Disease Control guidelines and Arizona Department of Health Services regulations for skilled nursing facilities. Our facility also works closely with the Mohave County Public Health and follows their direction in our efforts to keep our residents and staff safe during these unprecedented times.

The facility has guidelines in place to schedule a visit with your loved one. The facility visitation hours are Monday through Saturday 8 am to 4 pm. Resident visitation is by appointment only. To make a visitation appointment, please call Social Services at (928) 763-1404. Visitors will be allowed a 15 minute visitation period per resident. One visit will be permitted per day in order to accommodate all resident's visitation needs. There will only be two visitors allowed per resident during visitation time. Outdoor visitation will be allowed in the front entrance courtyard at this time.

Visitors coming in the facility for end of life visitation will have access to resident's room. The following criteria will be in place prior to visitors having access to resident's rooms for end of life visitation:

- **Visitation in the resident room will only be allowed if the resident does not have a roommate. In the event there is a roommate a specific room will be provided.**
- **A mask must be worn by all times by the visitor and resident.**
- **Visitors must wash their hands before entering and when leaving the room.**
- **Visitor is to remain 6 feet from all resident and staff.**
- **Visitor may not use the resident's restroom.**
- **Visitors are only allowed in the resident's room less than 15 minutes.**
- **All visitation will be monitored by staff to ensure proper infection control is being observed.**

Designated Essential Visitor

Residents may designate one or two family member(s) or caretaker(s) to serve as a "Designated Essential Visitor". The facility will allow for the Designated Essential Visitor to visit at any time during visitation hours, or in cases of emergency, as long as the following requirements are met:

- **The Essential Visitor presents the facility documentation of a negative COVID test (either PCR or antigen) on the same testing interval required by CMS for the facility staff: Minimal (Percent Positivity <5%): Once a month -Moderate (5% - 10%): Once a week Substantial (>10%): Twice a week**
- **The Designated Essential Visitor signs an initial attestation that they will avoid attending large gatherings in between testing and visitation;**
- **The Designated Essential Visitor attests on each visit that they are free from symptoms;**
- **The Designated Essential Visitor is at least 18 years of age**
- **The resident shall have the discretion to change their Designated Essential Visitor.**

Residents Requiring Isolation

- **Visitation will not be permitted for newly admitted residents requiring isolation per guidance due to unknown COVID-19 status.**
- **Only Compassionate Care visits will be permitted for residents requiring isolation due to being COVID-19 positive.**

We appreciate your help in adhering to these guidelines and partnering with us to keep everyone as safe as possible. As guidelines change we will continue to keep you updated.

Best Regards,

Administrator